



NEWS LETTER

June Newsletter of Bellavista Nursing Home Cardiff



Hello everyone, and welcome to our June edition of the Bellavista Nursing Home Cardiff newsletter.

WHAT IN THIS ISSUE

ACTIVITY LIFE IN BELLAVISTA

SERVICE UPDATE

UPCOMING EVENTS

Although it rained for most of June that didn't stop our residents from taking part in our daily activities and events. This month's front page photo was taken at Cosmeston lake when the sun finally made an appearance and our residents enjoyed a lovely walk around the lake followed with coffee and cake at the cafe.

Work on ground floor

Thank you for your patience while work is being carried out in the ground floor dining area, we are very excited to be revealing a restaurant dining experience.

USA Independence day

We are celebrating all things American on July 4th by wearing red, white and blue, enjoying a singing performance from an American singer and having a BBQ Party in the afternoon at 1 pm, all are welcome so please come along!

Chocolate theme coffee morning

World chocolate day is coming up so join us for a chocolate themed coffee morning on the 9th of June at 11am, and don't forget we host a coffee morning every Tuesday at 11am



To get the latest news and find out more about upcoming events



https://twitter.com/home_bellavista?lang=en

<https://www.facebook.com/bellavistanursinghome/>

Alzheimer's cupcake day

A big thank you to all who donated or bought a cupcake, we raised over £40.00 for Alzheimer's society. Also a big thank you to Ceri for baking them and Khadiza for doing a fabulous job at decorating, everybody agreed that they were delicious.



Iftar Party

A huge thank you to the support of our residents and the hard work of our staff for making our Iftar garden party such a success



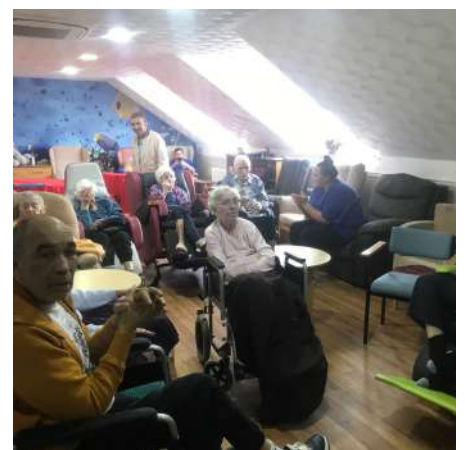


Cosmeston lake

Our residents enjoyed a lovely morning out at Cosemston Lake, Penarth

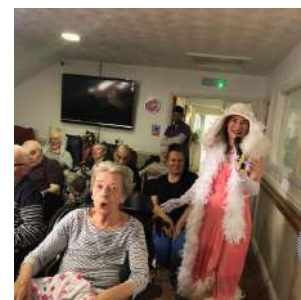
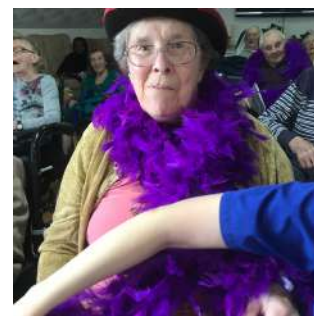


Music therapy



Tickled Pink

Our residents thoroughly enjoyed a theatre performance by tickled pink who will be returning to Bellavista nursing home in September



Muise concert



Skittles

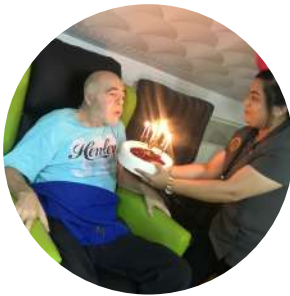


Church service



Birthday Celebration

Congratulations to all the residents , those who celebrated their birthday last month:



Tony Townsend- 02/06/19

Ronald Porter - 13/06/19

Sarah Creed- 14/06/19

June Rose- 22/06/19

Evaline Frampton - 24/06/19

Upcoming Birthdays

Alan Greedy - 03/07/19

Bill Davies - 10/07/19

Violet Roberts - 14/07/19

Monica Parsons - 26/07/19

Dennis Griffin - 27/07/19

June Sage - 28/07/19



We are sorry to inform you that two of our residents **Ottillie Jones** and **Vencel Davies** passed away. Our thoughts are with their families at this sad time.

We would like to welcome the following residents to Bellavista Nursing Home Cardiff



Kenneth Blackett
Jean Clizzole
Bill Davies
Robert Peters

Also a big welcome to all our new staff that have joined the Bellavista Cardiff family

If you have any feedback or ideas for our residents' activities, please talk to our Activity Coordinators on the floor or email Stacey and Khadiza: activitycardiff@bellavistanursinghome.com

Upcoming Events and Activities

Upcoming Events

- 1/7/19 - CINEMA 2:30PM
- 2/7/19 - COFFEE MORNING 11AM
- 3/7/19 - GENTLEMAN'S AFTERNOON 2:30PM
- 4/7/19 - USA BBQ PARTY 1PM
- 5/7/19 - BAKING 2:30PM
- 8/7/19 - CARDIFF BAY OUTING 2:30PM
- 9/7/19 CHOCOLATE THEMED COFFEE MORNING 2:30PM
- 10/7/19 EXERCISE 11:00AM
- 11/7/19 KARAOKE 2:30PM
- 12/7/19 SKITTLES 11:00AM
- 15/7/19 PAMPER 11:00AM
- 16/7/19 CROSSWORDS AND PUZZLES 2:30PM
- 17/7/19 - SENSORY THERAPY 11:00AM
- 18/7/19 - CHURCH SERVICE 11:00AM
- 19/7/19 ZUMBA 11:00AM
- 23/7/19 NAME THAT TUNE 2:30PM
- 24/7/19 ARMCHAIR TRAVELS - SPAIN 11:00AM
- 25/7/19 - QUIZ 11:00AM

We also do spontaneous activities and one to one activities on daily basis according to resident's like

Please also confirm dates and times of the events scheduled with the home, prior to attending as they may be subject to change.

A little extra info

Four of our staff will be doing the race for life in aid of cancer research UK, they have a just giving page under 'Bellavista team' or you can give donations to Duduzile, Khadiza, Natalie or Pavithra. The race is taking place in Cardiff on July 7th and we wish them the best of luck!