



BELLAVISTA TIMES

December Monthly Newsletter

Bellavista Nursing Home Cardiff



DECEMBER WAS A WONDERFULLY FESTIVE AND MEMORABLE MONTH, FILLED WITH WARMTH, CELEBRATION, AND TOGETHERNESS. WE PROUDLY TOOK PART IN ELF DAY FOR ALZHEIMER'S, RAISING SMILES AND AWARENESS, AND WERE TREATED TO DELIGHTFUL CHOIR PERFORMANCES ALONGSIDE AN UPLIFTING LIVE MUSIC CONCERT THAT BROUGHT EVERYONE TOGETHER. OUR CHRISTMAS CAROL SERVICE CREATED A TRULY SPECIAL ATMOSPHERE, WHILE THE MUCH-ANTICIPATED ANNUAL CHRISTMAS PARTY WAS FULL OF LAUGHTER, DANCING, AND FESTIVE CHEER. THE FUN CONTINUED WITH CHRISTMAS BINGO, A SPARKLING FESTIVE LIGHTS WALK, AND A COSY PYJAMA DAY, WITH MANY OTHER JOYFUL ACTIVITIES ENJOYED THROUGHOUT THE MONTH. IT WAS A BEAUTIFUL WAY TO CELEBRATE THE SEASON AND CREATE LASTING MEMORIES FOR ALL INVOLVED. THIS FESTIVE MONTH HAS BEEN PURE JOY WITH ALL THE LOVE FROM OUR STAFF AND FAMILIES. WE ALL HOPE YOU HAD AN EXCITING MONTH, AND WISH EVERYONE A HAPPY NEW YEAR!

WITH LOVE FROM ALL AT BELLAVISTA XX



WHAT'S IN THIS ISSUE

- ACTIVITY LIFE IN BELLAVISTA EVENTS
- DAILY ACTIVITIES
- SERVICE UPDATE
- UPCOMING EVENTS

BELLAVISTA NURSING HOME CARDIFF TOP OF THE REVIEWS X 2

Well done again to the team at Bellavista Cardiff topping the reviews with a 9.5/10, at [carehome.co.uk](https://www.carehome.co.uk), the UK top care home internet search site

"An absolutely fabulous home. I can only recommend it. Your loved ones are cared for to an extent that I can only describe as unbelievable."

"The whole team at Bellavista Nursing Home Cardiff have made the transition from home to nursing home a smooth one. Someone is always available to answer any questions that I might have. I have found all members of staff extremely friendly and helpful. I have been very impressed with the high standard of care provided."



DAILY ACTIVITIES



Christmas Party





Activities suggestion box @ reception

NATIONAL SHORTBREAD DAY
PIZZA MAKING WEEK
LIVE MUSIC
EXERCISE SESSIONS
PAMPER MORNINGS
TRIPS LOCALLY
& LOTS MORE

Would you like to 'review us' on carehome.co.uk? We'd love for you to share a good experience you've had at Bellavista Nursing Home Cardiff with others. Reviews can be made by a resident, relative or friend. Simply go online or ask a member of the team for a review card.

If you have any feedback or ideas for our residents' activities, please talk to our Activity Coordinators on the floor or email at:
activitycardiff@bellavistanursinghome.com

